

FUTURE MEETS

CMC Meet

26-28 January 2018

Together with the traditional Burns Night the Club will be offering First Aid training. Here are the details:

First Aid Training with Chris Harling 27th to 28th January 2018

We are lucky to be able to offer a 16 hour outdoor First Aid course for 12 club members

This course validates all NGB outdoor qualifications. It will include all the latest guidelines as set out by the Resuscitation Council as well as specific training for those operating in the outdoor environment and away from immediate help.

There will be classroom sessions along with practical elements and outdoor scenarios when participants will be required to lay on the floor. Old waterproofs, plenty of warm clothes and a mat or bivi bag would help.

The security of knowing you are out with on the hills with friends who know how to look after each other makes this a great course to do.

The cost is £20 per person which is excellent value for a 16 hour course.

Please contact Angie Jaleel for more information. To secure a place on this course please e mail Roger Brierley and send him your £20 preferably to the club's bank account quoting MBK. The email addresses and account details are on the web site in the usual place.

To add to this it is Burns Night.

Start 2018 with a visit to the hut for the traditional Burns night festivities. If you have been before you know the format but those who have not (and that includes me!) this is what happens.

Please bring your own packing up as usual but on Saturday night we all chip in and cook a communal meal from whatever you wish to contribute. If you never had haggis and think it may not be your cup of tea (its great especially with haggis sauce!) please bring an alternative piece of meat or if you are a vegetarian your preferred veggie option. Also please bring along your choice of vegetables eg carrots spuds swede parsnips etc. On Friday night/ Saturday morning we prepare everything before setting out for a walk and then cook everything for a meal at about 7pm. Bring your wine/whisky/pop you want for yourself and to share. We will sort the pudding out later!!

I am sure you will all agree we will have an interesting weekend whatever you want to do